

ZEROSPIKE

Detoxifying Humanity

**URINE SPIKE TRACING (UST)**

# WHAT IS THE UST DESIGNED FOR?

## Overview

The Urine Spike Tracing (UST) procedure is a monitoring tool designed to detect the presence of spike proteins in the body and to assess patterns of spike protein detoxification over time, particularly in individuals undergoing treatment protocols with Augmented NAC.

 *Important:*

UST is an adjunctive research and monitoring tool, not a stand alone diagnostic or treatment determinant.

# STEP 1: COMPLETE THE UST FORM

To begin the process, you must complete the UST registration form on the **UST page at ZeroSpike.org** and provide consent for your urine to be analysed using Urine Spike Tracing (UST).

The healthcare provider may complete the form on your behalf, if you have given your consent to do so.  
[zerospike.org/registration-ust](https://zerospike.org/registration-ust)

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### Urine Spike Tracing (UST) Research Project

UST and ZeroSpike are research projects of the Italian non-profit association **Federazione Rinascimento Italia (FRI)**. Personal data is used exclusively for research purposes and not for commercial use.

Registration form for Urine Spike Tracing ("UST"): Please enter your details below (use your email address in the "Username" field).

**IMPORTANT: The UST procedure is available in the U.S. only.**

**How the UST works:**

1. **Register below** to participate (free of charge) in the Urine Spike Tracing research project. The project uses results from a **Urine Analysis with Creatinine**, which must be ordered separately through the laboratory (subject to their standard fee).
2. **Order a Urine Analysis with Creatinine** from the U.S. **laboratory** with which we collaborate on the UST research project.
3. **Inform your doctor** that you intend to participate in the UST research project, asking him/her to register on the **ZeroSpike Health Network** portal. This will allow your doctor to access the results of the UST Report for your urine sample (please note: **only authorized doctors can view UST reports**, which are not accessible to private individuals/patients). If you do not have a doctor of your choice, please send us an **e-mail** and we will try to put you in touch with a doctor who is part of the ZeroSpike Health Network.
4. Once you **receive your Urine Analysis with Creatinine results** from the American laboratory **QFTox.com**, you will find a unique and anonymous **identification code** (labeled as "Lab Acc.# / Patient ID." (to ensure the privacy of your data) which you will communicate to your doctor, who is registered on the ZeroSpike Health Network portal in the meantime. **Give this code to your doctor so that they can access the UST report on the portal.**
5. Here you will find an example of a **UST report**, as well as the **first results** obtained in the U.S. based on our research. Thanks to **Augmented NAC**, COVID-Vax injured and Long-COVID patients were able to detoxify from spike protein (doctors are using different detoxification protocols as well, and UST reports are a valuable initial research tool for the empirical verification—albeit still experimental—of the effectiveness of these protocols).
6. **We are a small team from a civic association** and we offer the fruits of our research free of charge. **Please do not abuse these services and do not "flood us with emails"** 🙏

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**UST PDF**

Username\*

Insert your e-mail as a Username

Name\* Surname\*

Birth Date\* Gender\*

Select your gender

By submitting this form you confirm that you have read and understood our [Politica Sulla Privacy](#).

**SEND**

# STEP 2: ORDER URINE ANALYSIS WITH CREATININE

Then, The Urine Analysis with Creatinine must be ordered from **QFTOX Lab** by you or your healthcare provider.

QFTOX will subsequently provide a urine collection kit, which includes detailed instructions and all materials required for sample return.

[qftox.com/product/standard-urine-test-with-creatinine/](https://qftox.com/product/standard-urine-test-with-creatinine/)

Monday - Friday, 9am - 5pm (210) 463-9191

Urine Analysis Order Supplies Let's Get Started

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## Urine Analysis with Creatinine

- ✓ CLIA-Certified Lab
- ✓ Secure and Confidential Results
- ✓ 100% Customer Support

**\$99.00**

Order Now

### How It Works

1. Place your order for laboratory services online
2. Receive specimen submission materials by FedEx
3. Collect your urine specimen following the provided instructions
4. Return the specimen to the laboratory using the supplied packaging
5. Access your laboratory report once analysis is complete

### What's Included

- Laboratory urine analysis service, including creatinine measurement
- Secure electronic reporting of laboratory findings
- Customer support throughout the specimen submission and reporting process
- Collection and shipping materials are provided solely to facilitate specimen submission to the laboratory

### Specimen Submission Materials

- Urine Collection – Quick Guide
- Laboratory service requisition forms (2)
- Small sterile plastic container
- Ice packs (2)
- A4 plastic binder sleeve
- Zipper-locking biohazard bag
- Insulated shipping mailer
- FedEx Lab Pak with pre-paid FedEx return label

# STEP 3: URINE ANALYSIS WITH CREATININE REPORT

The urine analysis report with creatinine is sent to the person who ordered the kit from the lab and provided their email address at that time—either you or your healthcare provider.

Your **patient ID** highlighted in red should be used to access the UST report.



**QUALITY FORENSIC TOXICOLOGY**  
4726 Shavano Oak, Ste. 105, San Antonio, TX 78249  
Phone: (210)463-9191 Fax: (210)463-9190  
Laboratory Director: Dr. Jeff Walterscheid  
CLIA#: 45D2131821

Client: [REDACTED] Patient: [REDACTED] Lab Acc#: 2512180132  
DOB: 0 Gender: F Collected: 12/08/25 16:04  
Provider: [REDACTED] Specimen Type: [REDACTED] Reported: 12/22/25 12:39

Patient ID

**Prescribed Medications:** No prescribed medications were listed on the requisition form.

#### Specimen Validity Testing

TEST	RESULTS	FLAG	EXPECTED RESULTS	TEST	RESULTS	FLAG	EXPECTED RESULTS
Creatinine	34.1	NORMAL	20 - 300 mg/dL	pH	8.1	ABNORMAL	4.0 - 7.8

# STEP 4: YOUR LAB ACC ID#

Please provide your healthcare provider with your patient ID so they can **access your UST report**.

\*Your healthcare provider must be registered with **the ZeroSpike Health Network**. If they are not yet a member, you may invite them to contact us at [info@zerospike.org](mailto:info@zerospike.org) Alternatively, you may choose to review your UST report with a physician from our network (please refer to Step 6 and the final slide).



## QUALITY FORENSIC TOXICOLOGY

4726 Shavano Oak, Ste. 105, San Antonio, TX 78249

Phone: (210)463-9191 Fax: (210)463-9190

Laboratory Director: Dr. Jeff Walterscheid

CLIA#: 45D2131821

<b>Client:</b> [REDACTED]	<b>Patient:</b> [REDACTED]	<b>Lab Acc#:</b> <u>2512180132</u>
	<b>DOB:</b> 0 [REDACTED]	<b>Collected:</b> 12/08/25 16:04
	<b>Gender:</b> F	<b>Accessioned:</b> 12/18/25 15:14
<b>Provider:</b>	<b>Specimen Type:</b> [REDACTED]	<b>Reported:</b> 12/22/25 12:39

**Patient ID** (indicated by a red arrow pointing to the Lab Acc#)

**Prescribed Medications:** No prescribed medications were listed on the requisition form.

### Specimen Validity Testing

TEST	RESULTS	FLAG	EXPECTED RESULTS	TEST	RESULTS	FLAG	EXPECTED RESULTS
Creatinine	34.1	NORMAL	20 - 300 mg/dL	pH	8.1	ABNORMAL	4.0 - 7.8

# STEP 5: CONTACT YOUR DOCTOR

## CONTACT YOUR HEALTHCARE PROVIDER TO REVIEW YOUR UST REPORT



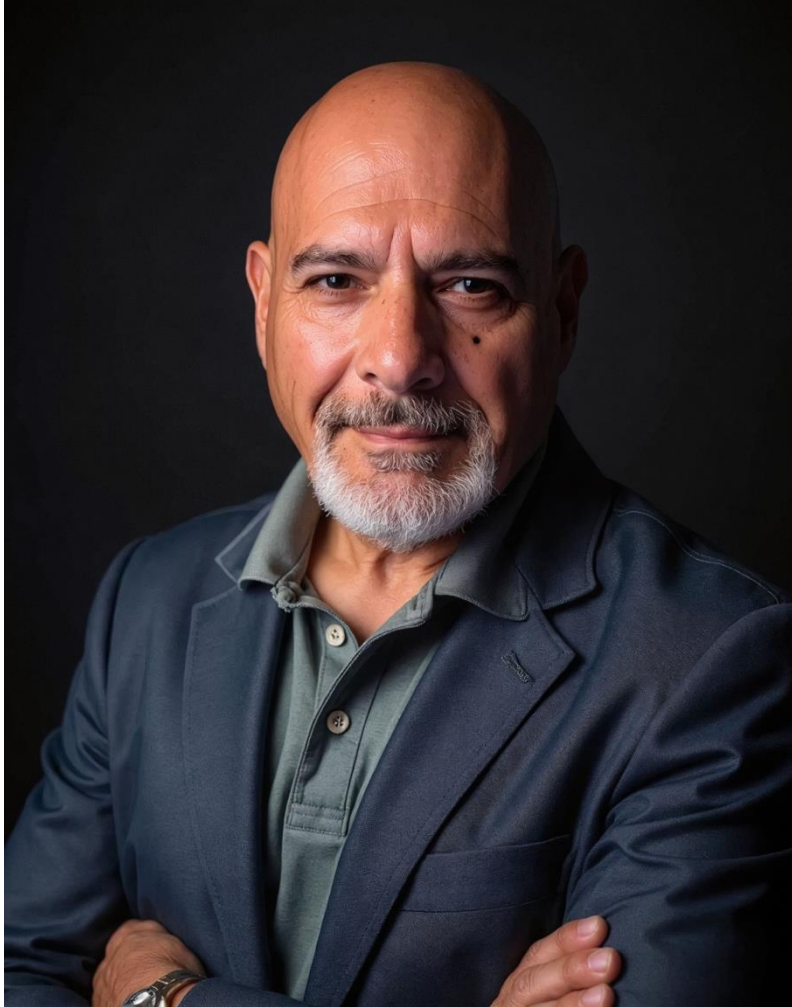
Please schedule an appointment with your healthcare provider if they are already a member of the ZeroSpike Health Network.

If your provider is not yet part of the network but is interested in learning more, please invite them to contact us at [info@zerospike.org](mailto:info@zerospike.org)

In the meantime, you may either wait until your healthcare provider is ready to review your report or choose to review it with Dr. Jess Armine, a member of the ZeroSpike Health Network who is authorized to assist patients with UST report reviews. Please note that the UST review does not include a medical consultation; if a consultation is required, a separate appointment must be scheduled.

*Please note that you may schedule an appointment with your health care provider only after you have submitted your urine sample and received your urine analysis report with creatinine levels, from the Quality Forensic Toxicology Laboratory.*

# UST REVIEW WITH DR JESS ARMINE



If you do not currently have a healthcare provider, or if your provider is not part of the ZeroSpike Health Network, you may schedule an appointment with Dr. Jess Armine to review your UST report.

[Click here](#) to schedule an appointment with Dr Jess.

*Please note that you may schedule an appointment with Dr. Jess Armine only after you have submitted your urine sample and received your urine analysis report with creatinine levels, from the Quality Forensic Toxicology Laboratory.*